

PAZ @ PALÁCIO

WELLNESS



BODY

AROMATHERAPY MASSAGE

Choose your favourite aroma at the start and enjoy a truly relaxing massage. You'll feel all your senses awake, helping you to release all the tension you're feeling now.

60/90 MIN
€ 100/€ 150

REFLEXOLOGY

Stimulates blood circulation, reduces stress and pain, rebalances the body to a healthy equilibrium and improves your general well-being. Your feet and hands deserve it!

60 MIN
€ 120

RICE POWDER EXFOLIATION

Magical deep cleansing and yet gentle exfoliation, inspired by Asia, this treatment is suitable for face and body. Promotes the release of dead cells and leaves the skin beautifully hydrated with a youthful, fresh glow.

60 /90 MIN
€ 160/€ 195

DEEP TISSUE MASSAGE

The best massage to relieve tension, stress and to balance deeply the body & mind.

60 /90 MIN
€ 120

SOUND MASSAGE - TIBETAN SINGING BOWLS

Spoil yourself with a moment of prolonged peace and silence. The practice of Tibetan therapeutic bowls with vibrations and the associated chimes permits a deep relaxation. Added benefits are a reduction in pain and inflammation, calming of the mind and a wonderful night's sleep ahead!

60 MIN
€ 145

FACE

AUGUSTINUS BADER FACIAL

A special face treatment to illuminate your face, promoting the regeneration of your face skin. Starting with a deep double cleansing combined with the essence tonic. Then we will work through lymphatic drainage, fascial manipulation, and shiatsu in the chest, neck and face. To finish the routine we apply eye cream, serum and our personalized daily cream tailored to your skin type.

60 MIN
€ 130



Please alert our spa therapist of any allergies.